

# INVITE FRIEND = 1 Month FREE!!!

## DAY 1 AUDIO LESSON



[Google to launch wearable health monitor](#)



### WORD CHECK UP

1. Rival
2. Reveal
3. Launch

### Guide Questions

1. What is the name of this new health monitor by Google?
2. To what company does it compares to?
3. Give some example to what this new health monitor do?

### Personal Application:

1. State your thoughts about the issue.
2. Do you think this kind of device will work out in your country? Why or why not?
3. Will you buy this device when available in your country? Why or why not?

## Tough cookie !!!

Theo	I heard you went out with Iris last night.
Justin	Yeah. We went out to the movies.
Theo	What do you think of her ?
Justin	She's a real <b>tough cookie</b> if you ask me.
Theo	That's just an act. She's actually very shy.
Justin	I don't know. When she opened the beer bottle with her mouth, I was a bit shocked.
Theo	I heard you went out with Iris last night.
Justin	Yeah. We went out to the movies.

Explanation:

**Tough cookie** - someone who is very determined to do what they want and who usually succeeds even in difficult situations

**Example:** We're talking about a woman who brought up six children on her own - she's one **tough cookie**.

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## DAY 2 ARTICLE

### K-Food Celebrated at UN Headquarter



“My favorite dish is bibimbap, which is composed of various vegetables, steamed and pickled, and meat toppings over a bed of rice.”

- Mary Gordon, a Canadian expert on child development, The New York Times Sunday Review, on May 12, 2012

Sometimes, culture plays a bigger role than diplomats in boosting national prestige overseas.

Rapper Psy’s Gangnam Style, a K-pop song released in July, 2012, has contributed significantly to “infecting the air” of the world.

Amid the rising popularity of K-pop culture, K-food, short for Korean food or hansik, has now become a diet fad of the world. Michael Jackson fell in love with bibimbap when he visited Korea, in 1997. Bibimbap, which has now gone viral worldwide as a healthful diet food, also is a favorite dish of Gwyneth Paltrow, an American actress.

Back on Sept. 18, 2012, The Washington Post introduced kimchi as “Korea’s affordable healthcare,” citing it as an “anti-aging” food rich in fiber and vitamins. On Feb. 7, 2013, American first lady Michelle Obama tweeted her own kimchi recipe alongside a photo showing the jars of kimchi she made. Kimchi is also a favorite food of Hugh Jackman and Jessica Alba, famous American actors.

Recently, UN secretary-general Ban Ki-moon promoted hansik and kimchi at a K-food festival at the UN Headquarters. Following the previous event in 2010, this year’s festival soiree was held to celebrate K-food at the Delegates Dining Room at the world body’s headquarters on the evening of June 10 this year.

Ban said that just as different wines produced by European wineries have distinctive flavors, so too does kimchi made by each Korean household. There are over 300 different kinds of kimchi, which is a globally recognized healthful food, he added.

Delighted by the sights and aromas of the food, some 300 guests, including the UN ambassadors from 57 nations, enjoyed varieties of Korean delicacies spread out on long buffet tables. The food was replenished as quickly as it disappeared, as the guests tried to taste as many kinds of Korean dishes as possible.

Another purpose of holding the food festival was a “surprise party” to celebrate Ban’s 70th birthday (June 13), according to Ambassador Oh Joon, Korea’s permanent representative to the UN who hosted the evening. Accompanied by his wife, Ban was presented with a birthday cake.

Ban thanked them all. He said that kimchi might be unpalatable to those who tasted it for the first time but that so many people around the world have become hooked on kimchi’s unique crunch and piquancy.

On Feb. 13 this year, American secretary of state John Kerry dropped in at an outdoor market in downtown Seoul, where he tasted tteokbokki, a rice cake casserole or stir-fried in spicy chili paste. On May 27, Chinese foreign minister Wang Yi found time to eat jajangmyeon, Korean-style Chinese noodles in black bean sauce, right after he arrived at Incheon International Airport for a two-day visit. “Personally, eating jajangmyeon was the most important matter to me on my first visit to Korea in six years,” he said. The soft “food” diplomacy is surely generating a sense of connection and affinity among peoples, just like killing two birds with one stone.

### WORD CHECK UP

1. Affinity
2. Unpalatable
3. mouth-watering

### Personal Application:

1. Give your opinion about the article.
2. How do you feel when people from other country support your culture just like the food?
3. What is the most delicious food you ever tasted?

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## DAY 3 PICTURE ANALYSIS

### Student Debt



### DISCUSSIONS:

1. What's the setting of this picture?
2. Who are the characters?
3. What are they doing?
4. What is the issue in this photo?
5. What idea is implied by the photo?

6. What is the education system in your country?
7. Do all college graduates land a job after graduation?
8. How difficult is it to go to college in your country?
9. Do you know of someone who didn't go to college but have a good line work?
10. What is the key to success?

### GRAMMAR REFRESHER:

From the marked areas A, B, C and D, identify the one that is wrong, correct it.

1. (A) He is very interested (B) to find out (C) why she lied to (D) all of us.
2. (A) This types of dances (B) are not as entertaining (C) as the (D) other types.
3. (A) We advised him (B) to go but (C) he doesn't heed (D) our advice as usual.
4. (A) Many sheeps graze (B) in the hills during the (C) warmer months of (D) the year.
5. (A) He goes to the cinema (B) often that he has (C) no money left for (D) anything else.
6. (A) Could you (B) please tell me (C) are you going to do this work (D) or not ?
7. (A) Has you asked the boy (B) and his mother to come in (C) for something (D) to eat ?
8. I (A) just can't understand why you (B) insist on saying (C) that you didn't (D) done it.
9. It (A) may seemed hard (B) for you to believe this, but (C) I really tried (D) to please you.
10. Well, (A) let us forget (B) the whole incident. Why (C) think about things that (D) have past?

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## DAY 4 DEBATE

### Acknowledging Men's Military Duty

In 1999, the system that gave more points on entrance exams for government jobs to men who had fulfilled their mandatory military duty



was ruled unconstitutional. Since that time, the Defense Ministry has been trying to come up with a way to compensate men for their service. Recently, a new idea has emerged. Officials are considering whether or not to give men who complete their military service some college credits for their sacrifices. Women's groups and those who cannot perform their military service are against the plan because they feel that the plan would be unfair to them.

**Pros:** I am in favor of giving men some extra compensation for their military service. As it is now, men are hardly paid anything for their sacrifices. Most soldiers earn less than 150,000 won per month. On top of that, they have to live in open spaces with other soldiers. They have no privacy at all. But above all else, the system is patently unfair to men. Men have to sacrifice two of the most precious years of their lives for the nation. Men have to interrupt their studies while people who do not serve in the military get a head start on their careers. This situation is a boon for those who do not have to serve in the military because non-enlistees do not have to compete with the men who are

serving in the military. The nation that men sacrifice their time for needs to reward men for what they do.

**Cons:** I completely disagree. Each gender has its own burdens. Men are not able to get pregnant. Men do not stop their careers to raise their children, either. These are duties that women must perform. So just as women have to do certain duties because of their genders, so too do men. Women understand that men have a big burden in defending the nation, but men need to understand that women have a large burden in raising future generations. We know that there are inequalities in life. We just have to deal with them.

### WORD CHECK UP

1. Compensation
2. Burden
3. Emerge

### Personal Application:

1. What can you say about the issue?
2. How important is Korean Military Service?
3. What can we learn from the Military Service?

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## DAY 5 BUSINESS IDIOM FOCUS

Read and be familiar with the Business Idiom below and use them in your conversation.

### Why study idioms?

One of the keys to speaking like a native is the ability to use and understand casual expressions, or idioms.

#### 1. **had ('d) better:** be obliged to; should (strong).

EXAMPLE 1: **You'd better** leave soon. If you don't, you'll miss your bus.

EXAMPLE 2: **You'd better** do your reports if you want to last in this company.

#### 2. **hassle (noun):** a troublesome situation; something troublesome that interrupts one's normal routine.

EXAMPLE 1: I know it's a **hassle** to complete this form now, but Mr. Rogers needs it in his office by the end of the day.

EXAMPLE 2: Hey **hassle up!** There's so many thing we need to prepare for tomorrow's presentation.

#### 3. **hard feelings:** anger; animosity; bitter feelings.

EXAMPLE 1:

A: "I'm sorry that Jim got the job instead of you."

B: "I have no **hard feelings** toward him; I know that he had stronger qualifications."

EXAMPLE 2: We have to set aside those **hard feelings** we have for each other, we are a team and should work together.

#### 4. **hard-headed:** stubborn; inflexible; unwilling to change.

EXAMPLE 1: I don't think Julie will change her mind. She's pretty **hard-headed**.

EXAMPLE 2: Don't be **hard headed**, just do as you told.